Live as Light

Day One - Read Ephesians 5:8-10

Paul makes clear that we "were once darkness" (in the past), but now we are light (in the present). When you think about the transformation from darkness to light, what changes did you see the light make in your life? How have you embraced your new identity as a child of light?

Pray and find out what pleases the Lord today. Ask Him to help you walk in your new identity.

Day Two - Read Romans 12:2.

The light of the Lord transforms our lives inside and out. How does the transforming of our minds and hearts change our behaviors? How can focusing on God today affect your daily life? Do you need to surrender any secrets or struggles to God to have more light in your life?

Pray and ask God to help you see any areas in your mind, heart, or life that you need to be exposed in order for them to be transformed to light.

<u>Day Three</u> – Read <u>Ephesians 5:13-14</u>

"But everything exposed by the light becomes visible" - This verse shows the power of the Lord's light. Anyone who is exposed to the light is impacted and can become light. Is there anyone in your life that you want the light to impact? How can God use you to shine light in another person's life?

Pray and ask God to help you shine His light to others.

New Life Sermon September 26th & 27th, 2015 Gina Nicola, LMFT

"Live as Light"

Shining Inside Out Ephesians 5: 8-14

Ephesians 5:8-14 (NIV) ⁸ For you were once darkness, but now you are light in the Lord. Live as children of light ⁹ (for the fruit of the light consists in all goodness, righteousness and truth) ¹⁰ and find out what pleases the Lord. ¹¹ Have nothing to do with the fruitless deeds of darkness, but rather expose them. ¹² It is shameful even to mention what the disobedient do in secret. ¹³ But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. ¹⁴ This is why it is said:

"Wake up, sleeper, rise from the dead, and Christ will shine on you."

The Light of the Lord is Transforming!

Darkness to Light

Shameful to Pleasing

Fruitless to Fruitful

Live as Light

1. We live in our New Identity

Ephesian 5:8 (NIV) ⁸ For you were once darkness, but now you are light in the Lord. Live as children of light

- **1 Peter 2:9** (NIV) ⁹ But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.
- <u>1 Thessalonians 5:5</u> (NIV) 5 You are all children of the light and children of the day. We do not belong to the night or to the darkness.

2. We live from the Inside Out

Ephesians 5:9-10 $(NIV)^9$ (for the fruit of the light consists in all goodness, righteousness and truth) ¹⁰ and find out what pleases the Lord.

Romans 12:2 (MSG) 1-2 So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.

Galatians 5:22 (NIV) ²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,

3. We live <u>Cautiously</u> in the world.

Ephesians 5:11-12 (NIV) ¹¹ Have nothing to do with the fruitless deeds of darkness, but rather expose them. ¹² It is shameful even to mention what the disobedient do in secret.

Luke 8:17 (NIV) ¹⁷ For there is nothing hidden that will not be disclosed, and nothing concealed that will not be known or brought out into the open.

4. We live as <u>Light</u> so others can shine .

Ephesian 5:13-14 (NIV) 13 But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. 14 This is why it is said:

"Wake up, sleeper, rise from the dead, and Christ will shine on you."

Ephesians 5:13-14 (NCV) ¹³ But the light makes all things easy to see, ¹⁴ and everything that is made easy to see can become light.

John 3:20 (NIV) ²⁰ Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed.