

“Expressing” Our Response

- **Day One**

Read Psalm 139:1-6

Think about the person who knows you best. What do they know about you no one else does? How does their knowledge affect your level of relationship? Are there things that God knows about you that no one else knows? How do you feel about those things? Have you ever thought that there are things God knows about you that even you do not know?

Pray. Ask God to search you. Ask him to make you aware of things about yourself you did not know. As he reveals them, **express** your feelings about them. Ask him what he wants you to do in response?

- **Day Two**

Read Read Psalm 139:7-12

Can you recall any times you tried to “hide” from God? Where did you try to go? What was your experience there? Can you recall times when you were glad God was “near.” What were those times? What were some of the feelings that came from that awareness?

Pray. Ask God to make you more aware of his presence. **Express** your true feelings about his being close.

- **Day Three**

Read Psalm 139:13-16

What are some of your unique characteristics? Consider your ancestry, birth order, siblings, physical features, mental abilities, acquired knowledge and experience, passions, gifting. What do you think God wants you to do with them?

Pray. Take some time to reflect on your uniqueness. **Express** your gratitude to God for how he has made you. Ask him to help you understand the particular contribution you can make to others because of who you are.

New Life Lessons
August 6-7, 2016
Pastor Dave Vasquez

Search Me!

Expression #4 • Psalm 139

1. God knows me

Psalm 139:1-6 (NIV) ¹ O LORD, you have searched me and you know me. ² You know when I sit and when I rise; you perceive my thoughts from afar. ³ You discern my going out and my lying down; you are familiar with all my ways. ⁴ Before a word is on my tongue you know it completely, O LORD. ⁵ You hem me in—behind and before; you have laid your hand upon me. ⁶ Such knowledge is too wonderful for me, too lofty for me to attain. Genesis 3:7; 4:1

Searched	חָקַר	chaqar	Explore, search, dig
Know	יָדַע	yada`	Ascertain by seeing
Discern	זָרַח	zarah	Scatter, winnow
Familiar	סָכַן	cakan	Acquainted with
Hem	צִוַּר	tsuwr	Bundle, besiege
Wonderful	פִּלְאִי	pil'iy	Incomprehensible

Do

Think

Say

2. God is with me

Psalm 139:7-12 (NIV) ⁷ Where can I go from your Spirit? Where can I flee from your presence? ⁸ If I go up to the heavens, you are there; if I make my bed in the depths, you are there. ⁹ If I rise on the wings of the dawn, if I settle on the far side of the sea, ¹⁰ even there your hand will guide me, your right hand will hold me fast. ¹¹ If I say, “Surely the darkness will hide me and the light become night around me,” ¹² even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you. Amos 9:2-3

Romans 8:39 (NIV) ³⁹ ...neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Psalms 103:12 (NIV) ¹² ...as far as the east is from the west, so far has he removed our transgressions from us. Matt. 24:27

Jeremiah 23:23-24 (NIV) ²³ “Am I only a God nearby,” declares the LORD, “and not a God far away? ²⁴ Can anyone hide in secret places so that I cannot see him?” declares the LORD. “Do not I fill heaven and earth?” declares the LORD.

2Chronicles 16:9 (NIV) ⁹ For the eyes of the LORD range throughout the earth to strengthen those whose hearts are fully committed to him. Psalm 34:15

High—Low | East—West | Light—Dark

3. God made me

Psalms 139:13-16 (NIV) ¹³ For you created my inmost being; you knit me together in my mother’s womb. ¹⁴ I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. ¹⁵ My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, ¹⁶ your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be. Exodus 26:36

Ecclesiastes 11:5 (NIV) ⁵ As you do not know the path of the wind, or how the body is formed in a mother’s womb, so you cannot understand the work of God, the Maker of all things.

Every part (Inmost being, frame, unformed body)

Entire life (All the days: Conception to death)

All times (v. 18 Asleep, awake)

Jacob (Romans 9:11-12), Samson (Judges 13:4-5), Jeremiah (Jeremiah 1:5), Paul (Galatians 1:15-16), Jesus (Matthew 1:20-21)

4. God thinks about me

Psalms 139:17-18 (NIV) ¹⁷ How precious to me are your thoughts, O God! How vast is the sum of them! ¹⁸ Were I to count them, they would outnumber the grains of sand. When I awake, I am still with you.

Precious

Vast

5. God searches me

Psalms 139:19-24 (NIV) ¹⁹ If only you would slay the wicked, O God! Away from me, you bloodthirsty men! ²⁰ They speak of you with evil intent; your adversaries misuse your name. ²¹ Do I not hate those who hate you, O LORD, and abhor those who rise up against you? ²² I have nothing but hatred for them; I count them my enemies.

²³ Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴ See if there is any offensive way in me, and lead me in the way everlasting.

Jeremiah 17:10 (NIV) ¹⁰ “I the LORD search the heart and examine the mind, to reward a man according to his conduct, according to what his deeds deserve.”

Proverbs 17:3 (NIV) ³ The crucible for silver and the furnace for gold, but the LORD tests the heart.

Job 23:10 (NIV) ¹⁰ But he knows the way that I take; when he has tested me, I will come forth as gold.

Psalms 17:3 (NIV) ³ Though you probe my heart and examine me at night, though you test me, you will find nothing; I have resolved that my mouth will not sin.

Search

Test

Offensive