Finding Hope in Pain

Anchored #2 Gina Nicola, LMFT September 17 & 18, 2016

Real Hope is not wishful thinking

Real Hope is found in the truth of God's Word

Hebrews 6:18-20 (MSG)

We who have run for our very lives to God have every reason to grab the promised hope with both hands and never let go. It's an unbreakable spiritual lifeline, reaching past all appearances right to the very presence of God where Jesus, running on ahead of us, has taken up his permanent post as high priest for us...

Finding Hope in the midst of

gement? Grief

Need help? Looking for support, counseling, encouragement?

Contact:

Care & Counseling Center New Life Community Church 805.489.3254x500 care@newlifepismo.com

1. <u>Confidence</u> that Jesus understands our <u>despair</u>.

John 11: 1-43 Death of Lazarus verse 35 Jesus wept.

Denial/Shock

Anger

Bargaining

Depression

Acceptance

2. God promises that healing will come.

Mark 5: 1-18 The Man in the Tombs

Psalm 147:3 (NIV) ³ He heals the brokenhearted and binds up their wounds.

Revelation 21:4 (NIV) ⁴'He will wipe every tear from

Revelation 21:4 (NIV) ⁴ 'He will wipe every tear from their eyes. There will be no more death' or mourning or crying or pain, for the old order of things has passed away.

3. <u>Believing</u> God has the <u>victory</u> in our suffering.

Jeremiah 32:27(NCV)

27 "I am the Lord, the God of every person on the earth. Nothing is impossible for me.

Psalm 34:18 The Lord is close to the brokenhearted and saves those who are crushed in spirit