

## Midweek Study

### **Dealing with Conflict**

#### **Foundation**

*Read Ephesians 2:19-22; 1 Peter 2:4-8*

1. How would you describe your foundation? What is in your foundation that brings stability to your life? Are there any “cracks” in your foundation? If so, what caused the “cracks” and what/who have you sought out to fill them?
2. After reading the above passages, what thoughts do you have about “being built into a spiritual house”? How does that impact the way you deal with conflict?
3. Take some time to write about your foundation. List what you think is helping you become a stable spiritual house. Is there anything you need to change? Ask the Lord to reveal any “cracks” or foundation issues that need improvement in order to deal with conflicts.

#### **Conflicts**

*Read 1 Peter 2:9-10; Romans 8:2*

1. Do you have any conflicts going on in your life? Take some time to write out the conflict. What do you think is the cause? You can use the list on the front page to help you
2. Reading the passages above, how does your identity in Christ change the way you view the conflict? Is there anything you can work on that will help your view or handling of the conflict?
3. Spend some time praying about your conflicts. Ask God to reveal anything that you need to work on or change. What action can you take to change your reaction to conflict?
4. Read scriptures, worship, or journal letters to the Lord to start your day in a way that you are prepared for the world and any conflict that it brings.

## **Conflict**

### **Beneath the Surface: Deepening Our Relationships #2**

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#### **What causes conflict?**

Differences in

Values

Motivations

Perceptions

Ideas

Desires

Triggers feelings of

Safety

Security

Respect

Value

Closeness

Intimacy

Influenced by

Life experiences

Culture

Value

Beliefs

# Dealing with Personal Conflict

## Notes

## 1. Developing a strong foundation.

**Ephesians 2:19-22** (NIV) Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household, <sup>20</sup> built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. <sup>21</sup> In him the whole building is joined together and rises to become a holy temple in the Lord. <sup>22</sup> And in him you too are being built together to become a dwelling in which God lives by his Spirit.

**John 3:30** (NIV) He must become greater; I must become less."

**Colossians 3:7-9** (NIV) You used to walk in these ways, in the life you once lived. <sup>8</sup> But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. <sup>9</sup> Do not lie to each other, since you have taken off your old self with its practices

## 2. Embracing our identity in Christ.

**1 Peter 2:9-10** (NIV) But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. <sup>10</sup> Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.

**Matthew 22:37-39** (NIV) Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.'  
<sup>38</sup> This is the first and greatest commandment. <sup>39</sup> And the second is like it: 'Love your neighbor as yourself.'  
<sup>40</sup> All the Law and the Prophets hang on these two commandments."