

Midweek Study

Trusting Others

Read 1 Peter 2:17; Proverbs 3:5-6

1. Who is someone in your life that you trust? Why do you trust that person?
2. When trust is broken how do you learn to trust again? What steps can be taken to rebuild trust?
3. How do we live consistently as trustworthy people? What habits, behaviors, and choices do we need to practice or make to be trustworthy?

Trusting God

Read Colossians 3:12-15

1. What would you say to someone who asked if you trust in God?
2. What difference does trusting in God make in your life?

Prayer & Journaling

This week can be an opportunity to deepen your relationship with God. Take some time to pray and reflect on your relationship with God. Is there any area in your life that you are holding back from God? Do you hold back this same area in your relationships with family or friends? Ask God to reveal any area in your life that needs healing. Pray for the courage to work on difficult relationships.

Take time to give God praise and thanks for the growth and change in your life. Spend some time reflecting on God's love and faithfulness in your life. Doing this will give you strength and remind you of his willingness to help you in all areas of your life...even difficult relationships.

Trust

Beneath the Surface: Deepening Our Relationships #5

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Trust: assured reliance on the character, ability, strength, or truth of someone or something (Merriam Webster)

Foundation of Relationships

Communication

Conflict

Integrity

Forgiveness

Trust

Colossians 3:12-15 (NIV) ¹² Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. ¹³ Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. ¹⁴ And over all these virtues put on love, which binds them all together in perfect unity.

¹⁵ Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

Trust: Deepening our Relationships

Notes

1. Trust takes courage.

Psalm 40: 11-13 (NCV) Lord, do not hold back your mercy from me; let your love and truth always protect me. ¹² Troubles have surrounded me; there are too many to count. My sins have caught me so that I cannot see a way to escape. I have more sins than hairs on my head, and I have lost my courage.

¹³ Please, Lord, save me. Hurry, Lord, to help me.

1 Peter 2:17 (NCV) Show respect for all people: Love the brothers and sisters of God's family, respect God, honor the king.

Proverbs 3:5-6 (NIV) Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

2. Trust takes time.

Ephesians 4:15 (NIV) Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.

1 John 4:16 (NIV) And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them.

Proverbs 24:26 (NIV) An honest answer is like a kiss on the lips.