

New Life in Jesus

DAY ONE: REGENERATION

Re-Read the verses under “results of regeneration.”

“As the blind man for the first time contemplates the beauties of color and perspective when sight is restored, so the new-born soul contemplates new revelation of spiritual truth. For the first time he is able to understand the teaching ministry of the Holy Spirit. He is able now to enjoy the intimacies of fellowship with God and freedom in prayer. As his life is under the control of the Holy Spirit, he is able to manifest the fruit of the Spirit, utterly foreign in the natural man. His whole being has new capabilities for joy, and sorrow, love, peace, guidance and all the host of realities in the spirit world. While regeneration is not an experience, it is the foundation for all Christian experience.”
—John F. Walvoord

What benefits of regeneration are you experiencing the most? the least?

Pray. Ask God to help you to experience the spiritual realities of regeneration to the full (John 10:10).

DAY TWO: RENEWAL

Revelation 21:5 (NIV) ⁵ He who was seated on the throne said, “I am making everything new!”

God is continuously involved in making things new. What “new things” can you identify in the Bible? (e.g., new name, new covenant, etc.) What “new things” can you identify in your life? What areas still need to become “new”?

Pray. Thank Jesus for His power to make things new. Ask Him to renew specific areas of your life that need renewal: e.g., spiritual vitality, relationships, motivation, thinking, etc.

Death to Life (Regeneration)

The Line #1

1. Definition of regeneration

Ephesians 2:8-9 (NIV) ⁸ For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God, ⁹ not by works...

Titus 3:5 (HCSB) ⁵ He saved us—not by works of righteousness that we had done, but according to His mercy—through the washing of regeneration [παλιγγενεσία] and renewal [ἀνακαίνωσις] by the Holy Spirit.

παλιγγενεσία | paliggenesia | regeneration
new birth, reproduction, renewal, recreation, regeneration

πάλιν | palin | again
γένεσις | genesis | source, origin, birth, existence

ἀνακαίνωσις | anakainōsis | renewal
renovation, complete change for the better

ἀνά | ana | up, every, again
καινός | kainos | new, recently made, fresh, recent

2. Necessity of regeneration

Ephesians 2:1, 4-5 (NIV) ¹ As for you, you were dead in your transgressions and sins... ⁴ But because of his great love for us, God, who is rich in mercy, ⁵ made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.

John 3:3, 7 (NIV) ³ In reply Jesus declared, “I tell you the truth, no one can see the kingdom of God unless he is born again...” ⁷ You should not be surprised at my saying, ‘You must be born again.’

3. Nature of regeneration

Physical birth	Spiritual birth
Born of humans	Born of God
Perishable seed	Imperishable seed

Not physical but spiritual

John 3:6 (NIV) ⁶ Flesh gives birth to flesh, but the Spirit gives birth to spirit.

Not born of man but born of God

John 1:13 (NIV) ¹³ ...children born not of natural descent, nor of human decision or a husband's will, but born of God.

Not perishable seed but imperishable

1Peter 1:23 (NIV) ²³ For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God.

The analogy of re-birth

John 3:7 (NIV) ⁷ You should not be surprised at my saying, 'You must be born again.' 1Peter 1:23

The analogy of re-creation

Ephesians 2:10 (NIV) ¹⁰ For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

2Corinthians 5:17 (NIV) ¹⁷ Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

The analogy of resurrection

Romans 6:4 (NIV) ⁴ We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

Colossians 2:13 (NIV) ¹³ When you were dead in your sins and in the uncircumcision of your sinful nature, God made you alive with Christ. Ephesians 2:5-6

4. Results of regeneration

New life. **2Corinthians 5:17** (NLT) ¹⁷ This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! Romans 6:4

New self. **Colossians 3:10** (NIV) ¹⁰ ...and have put on the new self, which is being renewed in knowledge in the image of its Creator.

New nature. **2Peter 1:4** (NIV) ⁴ Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.

New relationships. **Galatians 4:6** (NIV) ⁶ Because you are sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba, Father." 1John 4:7; 5:1

New discernment. **1Corinthians 2:14-15** (NIV) ¹⁴ The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned. ¹⁵ The spiritual man makes judgments about all things...

New rights. **Galatians 4:5** (NIV) ⁵ ...to redeem those under law, that we might receive the full rights of sons. John 1:12

New victory. **1John 3:9** (NIV) ⁹ No one who is born of God will continue to sin, because God's seed remains in him; he cannot go on sinning, because he has been born of God.

New fruitfulness. **Galatians 5:22-23** (NIV) ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and self-control.